
"The Foxworthy"



September 2010

School begins on Tuesday, September 7, 2010

Attendance Line 508-543-1626

Main Office - 508-543-1616 Fax - 508-698-6517

Guidance Office - 508-543-1620 Fax - 508-543-1670

www.foxborough.k12.ma.us

From the Principal Jeffrey S. Theodoss

On behalf of the administration, faculty and staff, welcome back to school. Students it's time to shake out the cobwebs, check your class schedule, reset your alarm clock and get ready to go. We have been under construction all summer. The contractors have worked diligently to get the building ready for the 2010-2011 school years. As you know, we have been involved in a twenty million dollar renovation project. The science rooms, science prep rooms, bathrooms, roof, boilers, windows, ventilation units, plumbing, heating, removal of asbestos and new flooring have been targeted for replacement or repair. We will still have to finish some of the above mentioned projects, but we are ready to open on September 7th.



Kudos goes out to our maintenance director, Mr. Mike O'Leary and the custodial staff for an unbelievable job. I went on vacation at the end of June, and arrived back at school only to see a trench running the length of the hallway and six feet of dirt on each side. Floors were removed and ceiling pulled apart. I thought to myself, there is no way this project will be anywhere near complete before school starts. Again Mike O'Leary did a wonderful job making sure all the work was coordinated to maximize everyone's time on the job. Mike did not sleep much this summer and his driving skills eroded as he sped from school to school. We will have to make a few modifications during the school year, but there will be no major impacts to student learning, so we are ready to go.



During the first day of school, students will receive information sheets that will ask them to verify addresses and phone numbers. As always, it is important that not only the high school, but also the central office have the correct information so the superintendent's office can contact you in case of student or school emergencies.

Also, at some point early during the school year, students will have the ability to use personal laptop computers in school. Initially, we will have wireless access in the library and we will expand over time.

When we surveyed students about their interest in using laptops during the school day, over 97% of the student body positively responded. Students can use their laptops in the library for research purposes, virtual high school classes or general school needs. Students using laptops in the classroom may use them mostly for note taking opportunities.



However, it should be noted that with any technology enhancement comes the potential for theft. Students must take the necessary precautions to prevent theft from occurring. That being said, every year iPods, graphing calculators and cell phones become prey to theft. Most times the thefts occur because the student did not take the necessary precautions. Please note; do not give your locker combination to anyone. Do not take short cuts. If you have a music or physical education class, where you leave items exposed in the hallway or on the changing benches, give your valuables to the teacher or lock them in your locker prior to class.

The flip side, any student caught stealing a laptop will be expelled from school. Due to the price of the laptop, the theft would be considered a felony and pending due process, the student would forfeit their right to attend FHS.

We will inform students when wireless access becomes available. This will take place when construction issues are completed. We recommend that parents discuss this concern with their children (we will also discuss our concerns during the opening day meetings with each class).

Shortly, Power School user names and passwords will be issued to parents and students. Each user name and password may be used by students and parents to access their accounts. Teachers will update grades every two weeks, and as regularly as possible, teachers will list assignments in their grade book for parents and students to view. The intent is for parents to understand the level of performance for each assignment, not to calculate grade

averages. Based on weights assigned to tests, quizzes, projects, etc., a final quarter grade will be tabulated by the teacher. Power School should be used to facilitate conversations with your children about their positive achievements or their problematic areas that will allow parents to better support student efforts. We certainly welcome inquiries; however the first line of questioning about a grade should be between the student and the teacher. This program was very well received by parents during the last school year. We hope to continue to make improvements to the process.

In closing, should you have any questions please feel free to contact me.

Enjoy the remainder of the summer.

Jeff Theodoss



We would like to welcome the following faculty members.

New Faces in the Faculty



The following teachers have been hired for the upcoming 2010-2011 school year.

English Department– Mr. Joseph Powers
Mathematics Department – Mr. Patrick Nash
Music Department – Cameron Tedoldi

Due to Leave of Absences the following teachers were hired:

English Department - Ms. Heather Lockrow
(During Ms. Lauren Carlton's leave of absence)
Social Studies Department – Mr. Mike Gilmartin
(During Ms. Marla Lonergan's leave of absence)

E-mail -List Server –Signups



If you are interested in receiving more up-to-date information please sign up on our school's e-mail list server. Go to the main page, click on Foxborough High School and on the left side under the heading "**More Information**" you will find a link entitled FHS e-mail list. Follow the directions and once you have signed up you will be able to receive timely school information on dates such as upcoming SAT's, school events, or information that may not be available on the most recent version of the Foxworthy



Class of 2014 ORIENTATION

The Student Council will be sponsoring an "Orientation" for the **Class of 2014**

Date: Thursday, September 2, 2009

Start: 11:30 a.m.

~~

Parents and students are welcomed to attend orientation beginning at 11:30 a.m. in the high school auditorium. The program will last one hour. While parents are enjoying a presentation from the principal, the FHS Student Council will show all the incoming freshmen their way around the high school. So mark your calendars and get ready for another school year! We hope to see you on Sept. 2nd at 11:30 a.m.

~~

The Student Council will also sponsor a "**Newcomer Night**" for students **new** to Foxborough High School. These students will receive an invitation from the Student Council in the next week.

Date: Thursday, September 2, 2010

Time: 7:00 – 8:00 p.m.

Place: FHS Media Center



At Newcomer's Night, we are planning to have a "**First Friends**" program, where we will pair newcomers up with an FHS upperclassman that will help with their adjustment to our fine school. This program is designed to help students that have moved in from out-of-state or even out-of-the-country. You may contact Ms. Christine Smith at (smithc@foxborough.k12.ma.us) if you have any questions.

Parents for School Council Needed



Any parent interested in serving on the school council should contact Mr. Theodoss' secretary Ms. Sheila Sneyd at 508-543-1616 x 109, or sneyds@foxborough.k12.ma.us. The school council meets monthly on the first floor of the media center. The school council is a representative, school building based committee composed of the principal, parents, teachers, community members and students. School council members assist the principal with developing educational goals that are consistent with school committee goals and statewide student performance standards. The council helps to identify the educational needs of the students attending the school. They also review the annual school budget, help formulate a school improvement plan, and review the student handbook. The council allows parents to get a first hand understanding of the workings of the high school.

School Pictures



The underclassmen pictures are scheduled for Thursday, September 16th. Information will be sent home by the picture company "United Photo" with pricing information. **Remember to smile!**

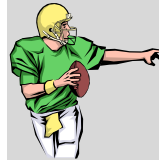
Finding Family Time:

Whether your teens are freshmen or seniors, you probably see less of them than ever. Look for everyday ways to spend time together, such as running errands or sharing chores. Also, join in activities they enjoy, like listening to their favorite music.

**News from the Athletic Director
Mr. Craig Najarian**

* Updated physicals (within the last 13 months need to be turned into the school nurse and all medical history forms needs to be turned into AD Craig Najarian or the athletic trainer prior to the start of practice. No exceptions!

* Medical forms may be picked up at the athletic office. They are posted outside the athletic office and they are available on our school website, (under athletics/forms).



Fall Sports Night



Foxborough High School will host a fall sports night on Tuesday, September 7th at 7:00 p.m., in our auditorium. The night will present an opportunity for administrators, coaches, and parents to discuss the school and coach's policies and expectations for student behavior and participation in the sports programs at FHS.



Any athlete participating in a fall sport must attend the event accompanied by a parent. Three seasonal sports nights will be conducted to ensure all athletes and parents are versed in the school's expectations for our athletes. The event will run for approximately an hour and a half.



From Principal Jeff Theodoss

To Parent/Guardian:

On January 8, 2002, President Bush signed into law the “No Child Left Behind Act.” As part of this law, recruiters from the United States Armed Forces can request student directory information from all public and private high schools that receive federal funding. Per the amendment, student directory information requested for recruiting purposes may contain the student’s name, address and phone number. The parent or legal guardian may request that the student’s name be excluded from the directory information.

If you desire that your child’s name not be on the FHS directory, please sign this letter and return it to me no later than Friday, October 1, 2010. If you would like to send an email to my secretary instead of returning the form below, please do so at sneyds@foxborough.k12.ma.us. Please remember to indicate your child’s name, and grade on the email.

If you have any questions, do not hesitate to call.



Sincerely,

Jeffrey S. Theodoss
Principal



I **do not** want my child/guardian’s name to be listed on the directory provided to the United States Armed Forces recruiter.

Student’s name

Grade

Parent/Guardian’s Name

Return to: Foxborough High School
Attn: Sheila Sneyd / Main Office
120 South Street, Foxborough, MA
02035

Guidance News

Guidance Counselors - 2009-2010

Guidance Phone Number 508-543-1620
Guidance Fax Number 508-543 -1670

A-B (Grades 9-12)

Ms. Laureen White x 145

C-I (Grades 11 & 12)

C-G (Grades 9 & 10)

Mr. Andy Servideo x 146

J-PA (Grades 11 & 12)

H-PA (Grades 9& 10)

Ms. Erin Healy-Botelho x 148

PE-Z (Grades 9-12)

Mr. Mark Cedorchuk x 157

Ms. Eileen Warnat- Secretary x 128

College Mini-Fairs

To: All Juniors and Senior Parents:
From: Guidance

Once again the Guidance Department will be sponsoring our College Mini-Fairs. They will be held in the high school cafeteria from 10:30 a.m. – 11:15 a.m. on: September 23rd, September 30th, October 7th, and October 14th.

The list of the colleges and universities that will be attending will be posted in the Guidance Department.

Students need to sign-up for the mini-fairs prior to attending in the guidance area. Parents / Guardians are welcomed to attend.

NEWS FROM COLLEGE ADMISSONS ADVISOR

~~Mr. Joe O’Neil~~



Seniors

*Dear Parent(s) / Guardian(s) and Students of the
Class of 2011*

I hope you have had a great summer. Welcome back to your exciting senior year!

Please plan on attending “**College Admission and Applications Night**” on Thursday, Sept. 30th at 6:45 p.m. in room 122 of FHS. Many important items will be discussed that you will find very helpful as your senior year progresses. Topics will include:

- Application process/deadlines/early application plans,
- The Common Application,
- Online applications,
- Letters of recommendations
- Counselor letters,
- Naviance,
- FHS application forms,
- And much more!

So many questions????? And so many answers!!!

I encourage you also to call me (508-543-1620 x 147) or email me (oneilj@foxborough.k12.ma.us) to arrange an appointment to discuss college choices and applications. I will be at Foxborough High school beginning August 31st and then Tuesday-Thursday each week when school opens. Students, you may make an appointment to come in anytime that is convenient in your schedule. I look forward to assisting you in the college application process. We look forward to meeting with you and assisting you!



Thank you,

College Admissions Advisor, Joe O'Neil and
Department Head, Laureen White.

*Small group follow-up meetings with Joe O'Neil on
Thursdays, 10/07/10 and 10/28/10
Place: Guidance Conference Room
Time: 6:15 PM*

Juniors

*Dear Parent(s) / Guardian(s) and Students of the
Class of 2012*



*August how did those summer weeks go by so quickly??
We hope you had a relaxing, productive and fun summer
and rested for your return to senior year. We look forward
to seeing you in a few weeks. We also look forward to
helping you and your family with college plans.*

*Most of you will find a Senior Guidance Seminar in your
schedule, one class per rotation. These seminars will be
taught by Ms. White and I will do my best to attend most of
them. We will begin to prepare you for college
applications during these seminars.*

*Some of you may wish to schedule a meeting to discuss
college plans/ applications before school begins. I will be
available for appointments on Tuesday-Thursday,
August 31st, September 1st and 2nd from
8:00 a.m. – 3:00 p.m. Please email me at
oneilj@foxborough.k12.ma.us or call 508-543-1620 to
schedule an appointment. As you are aware, the
renovations of FHS are on-going and we might experience
some slight disruption of communication.*

*I look forward to meeting you and helping you locate
appropriate colleges to begin the application process.
This is an exciting but somewhat stressful time and
we shall do everything in our power to assist you
through the process.*

Enjoy the remaining lazy, hazy days of summer!

Joe O'Neil
College Admissions Advisor





“Class of 2011” College Planning Calendar

September 2010

- Register for the fall SAT/ ACT tests.
- Meet with the College Advisor to discuss college and financial aid.
- Search colleges, manage and revise list.
- Prepare for the SAT: www.collegeboard.com/ SAT prep.
- Request teacher recommendation(s).
- Register for November SAT/ ACT, subject tests as needed.

October 2010

- Meet with Mr. O’Neil.
- Parent/student college information meeting at FHS.
- Become familiar with FHS transcript request forms.
- Take October SAT and subject tests.
- **Provide teacher(s) with information and envelopes** for recommendation(s).
- Note Early Action/Early Decision application deadlines.
- Begin **all** applications.
- Write applications essay(s) and personal statement(s).
- Begin CSS / Financial Aid profile for certain colleges, if required.
- Register for December SAT, subject tests.
- Meet Early Action/Decision deadlines.
- Transcript and recommendation requests **MUST** be made at least **three (3) weeks before deadline**.

November 2010

- Take November SAT/ ACT, subject tests if needed.
- Send SAT and subject test scores to meet deadlines.
- Initiate FHS transcript request, guidance counselor information / letter of recommendation form, SPED form, envelopes for mailing...at least **three weeks before deadline**.
- Minimum three (3) week notice for counselor letter needed.
- FAFSA: Obtain pin #, one for student and one for parent. Go to www.pin.ed.gov.
- Note FHS mailing deadlines for December. (Winter Break)

December 2010

- Take December SAT subject tests if needed.
- Evening meeting at FHS on FAFSA.
- Complete FHS transcript request forms, counselor recommendation forms and other FHS forms as needed. **(Minimum three-week notice)**

January 2011

- Take SAT and subject tests if needed.
FAFSA - File form online as soon as possible at www.fafsa.ed.gov.
- File all forms at FHS for transcripts to be sent. **(Minimum three-week notice)**
- **Pay attention to all deadlines!**



February 2011

- Apply well before a deadline...early is **VERY** good.
- Continue to collect information on colleges to which you apply. APRIL is “decision month” and this can be a stressful time/short time to make your final decision.

March 2011

- Begin to compare college acceptances/financial aid packages for April decisions.
- Wait for March/April decisions.
- Continue **achieving good** grades for final report card.

April 2011

- Review financial aid awards with parents. Ask for advice! (*College Counselor – Mr. O’Neil*)
- Revisit colleges as necessary during spring break.
- Final decision/deposit required by 5/01/07. (*Try to make deposit earlier for better housing choice.*)
- **Continue achieving good** grades for final report card.



May 2011

- AP preparation and exams if enrolled.
- Thank you note to all teachers, friends, etc. that have written letters of recommendation and helped in your application process.
- Final Exams...**Continue achieving good** grades for final report card.

June 2011

- Final transcript needs to be sent to your college for “proof of graduation.”
- \$3.00 paid to guidance office for the mailing of your final transcript.





SAT TESTING

<u>Register By:</u>	<u>Test Date:</u>
September 10th	October 9th
October 8th	November 6th
November 5th	December 4th
December 23rd	January 22nd
February 11th	March 12th
April 8th	May 7th
May 6th	June 4th

ACT TESTING

<u>Register By:</u>	<u>Test Date:</u>
September 17th	October 23rd
November 5th	December 11th
January 7th	February 12th
March 4th	April 9th
May 6th	June 11th

**Foxborough High School Testing Code # 220840
2009-2010**



*Homecoming Weekend
Sponsored by the F.H.S. Student Council*

Friday, October 22nd
Homecoming Football Game
Foxborough vs. North Attleboro – 7:00 p.m.
(Home Game)



Saturday, October 23rd
Homecoming Dance
7:00 p.m. to 10:00 p.m.
FHS cafeteria

Extracurricular Activities

A good way to spend free time.....

How can you cure the boredom blues and make school more enjoyable? Get involved in after-school activities. From sports to the science club.... It is great way for students to:

- make new friends,
- provide opportunities to learn teamwork and responsibilities,
- fill time in a positive way, so students are less likely to get into trouble,
- students will lead to better attendance and better grades.

Check the student/parent handbooks for a list below.

GET INVOLVED!!



Academic Decathlon	Literary Club
Astronomy Club	Math Club
Best Buddies	Model Senate
Capitol Forum	Multicultural Club
College Bowl	Newspaper Club
Debate Team	Outdoor Club
Drama Club	Repertory Theater
"Fed" Challenge"	Science Club
Foreign Language Club	Ski Club
French Exchange Club	Students Against Destructive Decisions
Spanish Exchange Club	(SADD)
Gay / Straight Alliance	Student Council
History Club	Yearbook Club



H.U.G.S (Helping Us Get Safe)

Mark your calendar...October 16th

Place: Ahern Middle School - **Time:** 9:00 am
Walk to combat domestic violence in our community. For more information, call HUGS of Foxboro at 508-698-8784.

Foxborough High School

Core Values, Beliefs, and Learning Expectations

Foxborough High School, in partnership with parents and the community, creates a safe, structured and supportive environment that we believe encourages students to become thoughtful, responsible and productive citizens. The school empowers students to strive for excellence as they develop critical thinking skills through reading, writing, speaking and using technology effectively across all disciplines. We believe Foxborough High School's comprehensive curriculum and extra-curricular activities provide students with opportunities to work collaboratively to solve problems while encouraging them to mature as independent learners.

First Day of School
Tuesday, Sept. 7th - Day # 1

September - 2010 Days of the Cycle						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 No School	7 Day 1	8 Day 2	9 Day 3	10 Day 4	11
12	13 Day 5	14 Day 6	15 Day 7	16 Day 1	17 Day 2	18
19	20 Day 3	21 Day 4	22 Day 5	23 Day 6	24 Day 7	25
26	27 Day 1	28 Day 2	29 Day 3			



Please mark your calendar.

- Aug. 31 Staff Returns / Staff Development Day
- Sept. 1 Staff Development Day
- Sept. 2 Staff Development Day
Freshman Orientation - 11:30 a.m.
Newcomers Night - 7:00 p.m.
- Sept. 6 Holiday
- Sept. 7 School Opens K-12
Marching Band Practice - 6:00 p.m. - 8:30 p.m.
Athletics Night - 7:00 p.m. - Auditorium
- Sept. 8 Jazz Auditions - 3:00 p.m.
- Sept. 16 Class Pictures - All Day
- Sept. 18 FMA- Bottle and Can Fundraiser
- Sept. 20 School Committee-7:00 p.m.
- Sept. 21 Marching Band Practice - 6:00 p.m. - 8:30 p.m.
- Sept. 23 College Mini-Fair
Football Game - 7:00 p.m.
- Sept. 30 College Mini-Fair
Guidance / Parent Meeting- Rm. 122 - 6:45 p.m.

Please refer to the on-line calendar for further dates at:
www.foxborough.k12.ma.us. Click on the FHS website.



Attention Parents / Guardians

As a safety precaution, to avoid interference with the school buses, no automobiles will be allowed directly in front of the main entrance for morning drop-offs or afternoon pickups.

Remember to do your summer reading!!!

